

atient:	Date:	MRN:

Bright Futures Previsit Questionnaire 1 Month Visit

For us to provide you and your baby with the best possible health care, we would like to know how things are going. Please answer all of the questions. Thank you.

What would you like to talk about today?							
Do you have any concerns, questions, or problems that you would like to discuss today?							
We are interested in answering your questions. Please check off the boxes for the topics you would like to discuss the most today.							
How You Are Feeling		☐ Feeling sad ☐ Using drugs ☐ Using alcohol ☐ Smoking ☐ Getting back to work or school					
		☐ Breastfeeding plans ☐ Choosing child care					
Your Baby and Family		☐ Asking for help when you need it ☐ Community services that may be able to help your family ☐ Violence at home/abuse					
Getting to Know Your Baby Getting to Know Your Baby Getting to Know Your Baby How to keep your baby safe while sleeping Bored baby Tummy time for playtime with you Crying too much							
Feeding Your Baby How often you should feed your baby How to know your baby is getting enough What to feed your baby Formula feeding Help with breastfeeding How to hold your baby while feeding Burping Using a pacifier Worry about your baby's weight							
Safety		☐ Car safety seats ☐ Preventing falls ☐ Choking from bracelets, necklaces, and toys with loops or strings					
Questions About Your Baby							
Have any of your baby's relatives developed new medical problems since your last visit? If yes, please describe:							
Vision	Do you have conce	rns about how your child sees?	☐ Yes	□ No	☐ Unsure		
Was yo	Has a family memb	per or contact had tuberculosis or a positive tuberculin skin test?	☐ Yes	□ No	☐ Unsure		
		child born in a country at high risk for tuberculosis (countries other than the United Sates, Australia, New Zealand, and Western Europe)?		□ No	☐ Unsure		
Has your child trav risk for tuberculosi		eled (had contact with resident populations) for longer than 1 week to a country at high s?	☐ Yes	□ No	☐ Unsure		
Does your child have any special health care needs? □ No □ Yes, describe:							
Other than your baby's birth, have there been any major changes in your family lately? ☐ Move ☐ Job change ☐ Separation ☐ Divorce ☐ Death in the family ☐ Any other changes? Describe:							
Over the past 2 weeks, how often have you been bothered by any of the following problems? 1. Little interest or pleasure in doing things 2. Feeling down, depressed, or hopeless 3. Not at all 3. Several days 4. More than half the days 4. More than half the days 5. The ding down, depressed, or hopeless 6. Not at all 7. Seyember 15, 2004, American Family Physician. Copyright © 2004 American Academy of Family Physicians. All Rights Reserved.							
Does your child live with anyone who uses tobacco or spend time in any place where people smoke? ☐ No ☐ Yes							
Your Growing and Developing Baby							
Do you have specific concerns about your baby's development, learning, or behavior?							
Check off each of the tasks that your baby is able to do. ☐ If upset, able to calm ☐ Recognizes parents' voices ☐ Lifts head when on tummy ☐ Follows parents with eyes ☐ Smiles							



American Academy of Pediatrics



The recommendations in this publication do not indicate an exclusive course of treatment or serve as a standard of medical care. Variations, taking into account individual circumstances, may be appropriate. Original document included as part of *Bright Futures Tool and Resource Kit.* Copyright © 2010 American Academy of Pediatrics. All Rights Reserved. The American Academy of Pediatrics does not review or endorse any modifications made to this document and in no event shall the AAP be liable for any such changes.